



# THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

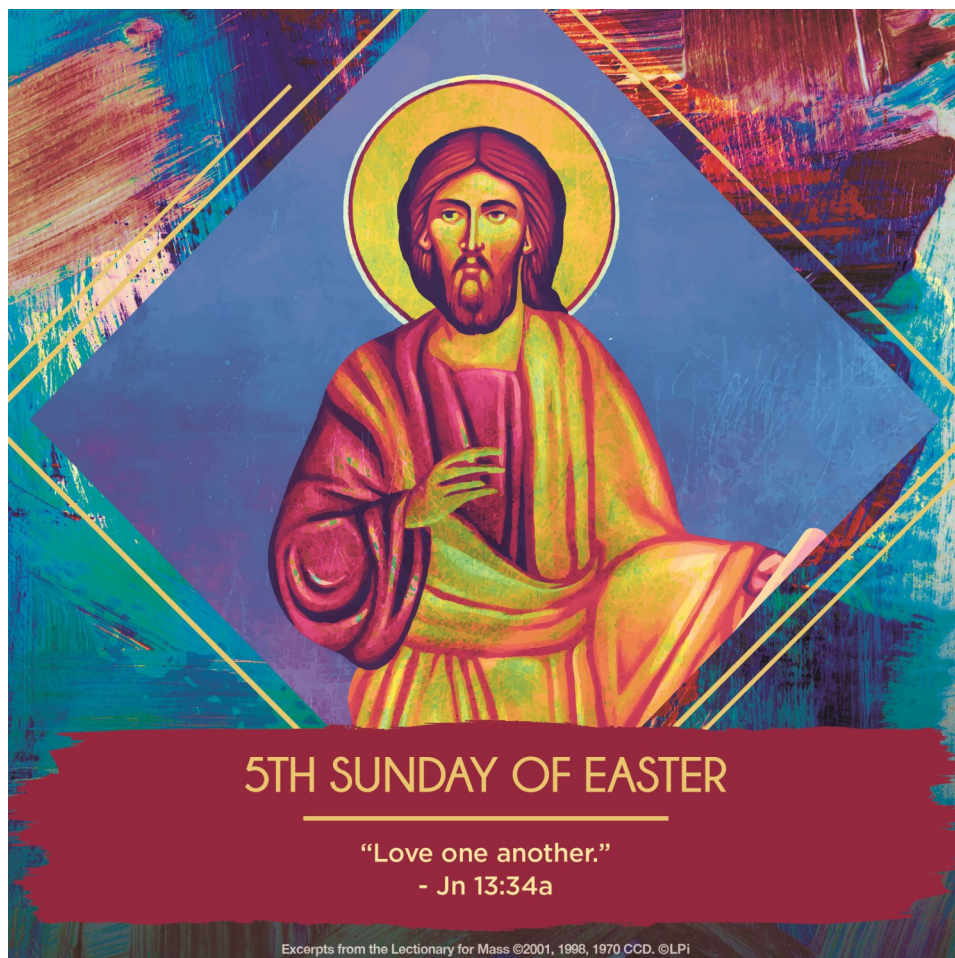


**18  
MAY  
2025**  
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)



## 1<sup>ST</sup> READING

Acts of the Apostles 14:21-27  
*Paul and Barnabas journey extensively, returning to Antioch.*

## RESPONSORIAL PSALM

Ps 144:8-13. R. cf. v.1  
*I will praise your name for ever,  
my king and my God.*

## 2<sup>ND</sup> READING

Revelation 21:1-5  
*John sees a new Jerusalem.*

## GOSPEL ACCLAMATION

John 13:34  
*Alleluia, alleluia!*  
*I give you a new commandment:  
love one another as I have loved you.*  
*Alleluia!*

## GOSPEL

John 13:31-35  
*Jesus issues a new commandment,  
love one another.*

## MASS & LITURGY TIMES

### CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

#### MASS:

Wednesday, 9am  
Sunday, 9am

#### BAPTISM:

Sunday, 10.30am  
1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*

#### RECONCILIATION:

Saturday, 5.00 to 5.45pm  
Church of St. Kieran

#### YOUTH MASS:

2nd Sundays of the month  
during the school term.

#### WEDDING:

Require six months notice and  
include Pre-Marriage Course as  
part of the preparation.

### CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

#### MASS:

Monday, Tuesday, Thursday, Friday\*, Saturday,  
8.30am  
Saturday (Vigil), 5.30pm  
Sunday, 7.30am, 9.30am, 5pm

*\* Adoration to the Blessed Sacrament after Mass  
on Fridays.*

#### BAPTISM:

Sunday, 11.30am  
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.  
We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present  
and extend that respect to all First Nations people in our community.





# WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

## GET IN TOUCH



OFFICE@NHCATHOLIC.ORG.AU

2 KING STREET, MANLY VALE 2093 NSW

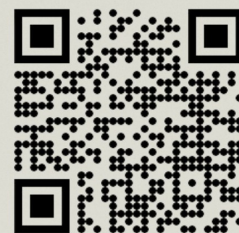


WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR



(02) 9949 4455

Scan me!



## WHY DO WE DO THAT?

### Catholic Life Explained

#### Question:

If God is good, why is there evil in the world?

#### Answer:

The problem of evil is perplexing. If God is all-powerful and all-good, why doesn't He stop bad things from happening? He must either not be all-powerful, or perhaps He's not very good after all. Human beings have faced the possibility of evil since the very beginning of our existence. In granting us free will, God gives us the ability to make free choices. God does not force us into moral perfection. We are not forced to love Him or to love our neighbour. We must make the decision ourselves. This means, of course, that we have the ability to choose against love.

One small decision of selfishness, jealousy, or pride may not seem so bad. But every decision — good or bad — is like a stone dropped into a still pond. The ripples extend much farther than the original stone. When decisions against love begin to compound, they affect families, neighborhoods, and nations. This is all the more reason for Christians to be faithful to our baptismal call to love one another as Christ has loved us! ©LPI

## BRINGING HOME THE GOSPEL

Every time I read Paul's description of the love Jesus practiced and in turn expects his disciples to practice, I cringe. Paul writes, "Love is patient... it does not insist on its own way..." (1 Corinthians 13:4-5). Perhaps this is such a difficult notion to embrace because patience does not come easily to me. When I was raising my children, it seemed an impossible feat to maintain my patience.

I love my children, and I would give my life for them. But there were times when they were young that I was anything but patient and mild-tempered. At one point, I had a six-year-old, three little ones under the age of three and a husband who traveled.

There were days when the children teased each other, screamed and fought, and I joined right in, screaming even louder. I would go to bed hating myself, resolving to keep my cool the next day, but I'd get up in the morning and before noon I would lose my temper again. Finally, on a retreat, I learned that there were some things about ourselves that we just can't change through sheer willpower. No matter how much we want to, no matter how many times we try, we just can't do it.

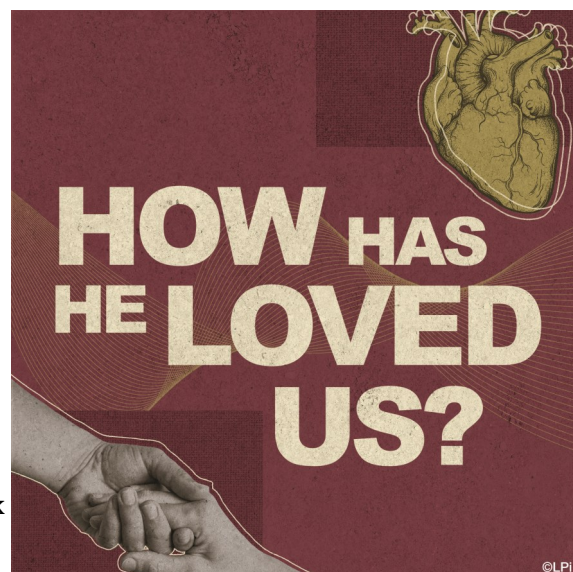
So, as the retreat director had suggested, I turned it over to God. Every morning, I asked God for the patience I needed to get me to lunch. At lunch, I prayed to make it to dinner, at dinner, to bedtime. And it worked. After a few weeks I woke up to a different household. Because I was calmer, so were the kids. God's patient love became mine. I'd like to say the change was permanent, but it wasn't. I'd break the cycle and have to start praying hourly all over again. But I learned something very important through it all. I learned that the love Paul was talking about in 1 Corinthians is God's love, which is even more powerful than a mother's love. The good news is that this love is mine for the asking, and once I receive it I am free to share it with my children.

#### FAMILY RESPONSE:

Talk about how difficult it is to change old habits and how we sometimes need God's help. Suggest that each family member writes down one habit he or she would like help with. Say a prayer together and burn the pieces of paper as a sign of your turning it over to God.

#### PERSONAL RESPONSE:

What old habit or trait would you like to change about yourself? How have you tried to change? How can you work at change in the future?



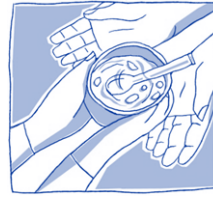
Copyright © 2025 Judith Dunlap. Published by the Pastoral Centre, All rights reserved.





## WEEKLY SOCIAL JUSTICE CHALLENGES

We can do no lasting good for the world on our own. We need the support of a loving community. Only communities, not individuals, produce great works. We build up the kingdom of justice by being a kingdom of love. Jesus commanded us to love one another for good reason. It is from love that justice blossoms. The challenge this week is to do something that builds unity in your family and in your parish. Without love uniting you to others, you are a silent symphony to the world.



## PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

## CARE FOR CREATION TIPS

*"Then I saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more." —Revelations 21:1*

Some Christians have used this passage to excuse the plundering of the earth, reasoning that God is going to give us a new one anyway, so why does it matter if we destroy this one?

Such thinking is in direct contradiction with God's first commandment to the first human to "till and keep" the earth. Indeed, after every day of creation, God declared his work "good" or "very good." This world — all of God's natural creation — is a gift freely given to us by God which we are obligated to share with future generations. Choose one new thing you can do this week to reduce your environmental footprint: reduce your meat consumption, switch to buying recycled toilet paper, carpool or use public transit instead of driving alone, start buying in bulk rather than individual containers, etc.

©Center for Ministry Development. Published by the Pastoral Centre. All rights reserved.

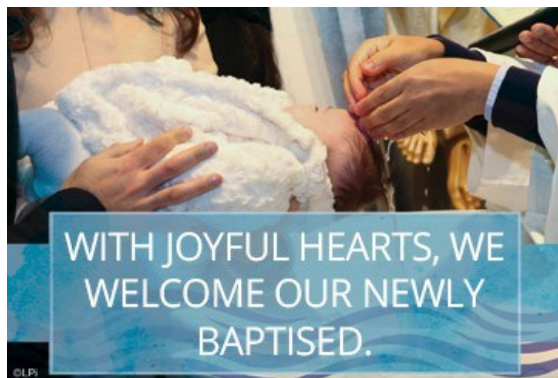


## SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

**BUSINESS HOURS:**  
PARISH OFFICE—9949 4455

**AFTER HOURS:**  
(Evenings & Weekends)  
0490 898 464



**Ziggy Brooklyn Sayan**

**Goldie Gia Sayan**

Children of Sumer & Chelsea

**Odysseus Maximus Biasi**

Son of Aidan & Maria

## PRAY FOR THOSE IN OUR COMMUNITY:

### SICK:

Judith D'Elmaine, Odette James, Peter and Jan Van de Velde, Joyce Arnold, Cecilia Yeung, Erroll Abbott, Greg Hyde

### RECENTLY DECEASED:

Louise Hughes, Fr Thomas A Peyton MM, Ivy Mascarenhas, Jamie Dowsett, Mary Moran, Mary Carmen Bonavia, Geoff Moorcroft

### ANNIVERSARIES:

Peter Keogh, Henry Gawecki, Barbara Gawecka, Helen Richardson, Barry Koorey

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au)





## MAY 2025 APPEAL



## YOUR GIFT MAKES A DIFFERENCE

The Pastoral Works Broken Bay appeal supports two key ministries in our diocese: the **Confraternity of Christian Doctrine**, which trains our catechists, and **hospital chaplaincy and pastoral care**, which supports those who are vulnerable, lonely and sick in hospital. The appeal also contributes to **St Lucy's School and St Edmund's School** for children with disabilities, and to the **Ephpheta Centre**, supporting the deaf community.

Help us reach our parish quota:

**\$47,091**

Amount raised so far:

**\$1,200**



SCAN TO DONATE

DONATIONS ARE  
TAX-DEDUCTIBLE

## THANK YOU FOR YOUR GENEROSITY



—”  
**THANK  
YOU**  
—”

We had some amazing community support for the Vinnies sausage sizzle. Thanks to all the wonderful volunteers that worked so hard to create a fun community event that was well supported and raised over \$1500 towards the Winter Appeal.

You can still donate using the QR code.



## HAPPENING NEXT WEEKEND *in our Parish*

### School Mass

5:00PM, Sunday 25 May

St Kieran's Church

*Join St Kieran's school students and their families for this time of prayer, worship and fellowship.*

### Children's Liturgy of the Word

9:00AM, Sunday 25 May, St Cecilia's Church

9:30AM, Sunday 25 May, St Cecilia's Church

5:00PM, Sunday 25 May, St Kieran's Church

*Includes prayer, activities, and music*



## CARE FOR EARTH FORUM NORTHERN BEACHES CATHOLIC PARISHES SAT MAY 24 2025



*10 Years - Laudato Si!*

*"We are called to be responsible stewards of creation."*  
Pope Francis, (2015)

Come and share ideas on WHY and HOW!



For more information scan the QR code

Saturday 24th May, 3.30 - 5.00 pm, St Joseph's Parish Hall 21 Lagoon St. Narrabeen



RECONCILIATION

*a sacrament of healing*

ST KIERAN'S CHURCH

EVERY SATURDAY

5-5:30PM





# Baptism of School-Age Children

PREP SESSION (MANDATORY)

25 MAY, 2:30PM - 4:30PM, PARISH CENTRE

SACRAMENT OF BAPTISM: 15 JUNE

11:30AM,  
ST KIERAN'S CHURCH

MEMBERSHIP  
RENEWAL   
*now due*

Renewal of 2025 membership fees for the Augustinian Formation Association is now due. Payment of \$30 can be made by direct deposit or by leaving cash in an envelope marked to the attention of Adriana Bowyer in the parish office.

**Account Name: Augustinian Formation**

**Association**

**BSB: 032190**

**Account Number: 105386**

**Ref: 2025 Membership Fees**

WANT TO JOIN AFA?

Contact Adriana on 0402 099 746 or at [albowyer@bigpond.com](mailto:albowyer@bigpond.com). We'd love you to join us!

19. 07. 25  
  
SAVE  
the  
DATE

AFA's next fundraiser, the **Christmas in July Dinner**, will be held at the Parish Centre in Manly Vale. More details to come. This is always a fun night, so we look forward to seeing you there!

Our last fundraiser, the Sue Colwell Walk and Talk, raised **\$2,842** even though the walk did not go ahead due to bad weather. We would like to thank everyone for their generosity and continued support of Augustinians in formation.

**BAKERS  
NEEDED!**

Help us prepare for our Pentecost celebration by baking dove cookies!

Recipe, cookie cutters and decorations will be provided.

To volunteer or for more information, contact the Parish Office.

## ANNOUNCEMENT

The second stage of the upgrade to St Kieran's sound system will take place from **19-23 May**.

To allow technicians full access to the church, Masses over these days will be held in **Centre 1** of the Parish Centre.



8<sup>TH</sup>  
JUNE

PLEASE WEAR A  
TOUCH OF RED

**PENTECOST  
SUNDAY**

9:30AM MASS,  
ST KIERAN'S +  
INTERNATIONAL  
FOOD FESTIVAL

Please bring some food from your culture to share: leave in Centre 1 and take home afterwards. Oven space is limited.  
If you would like to share a song, dance, poem or joke from your culture, please contact Ursula or Fr Jojo.



## WORD SEARCH

*Love one another.*

P	C	A	N	N	O	T	B	C	F	I	N	D	L	J
W	U	K	W	E	N	E	W	O	B	N	W	E	O	J
R	W	Y	E	H	B	Q	R	N	J	E	U	H	O	U
B	D	G	B	W	K	W	G	O	P	C	O	U	K	D
G	Y	Q	W	L	Q	X	C	Q	G	P	Q	L	Y	A
P	R	I	I	I	J	E	V	E	R	Y	O	N	E	S
Z	P	P	W	R	D	Z	O	S	K	G	F	S	H	U
F	W	K	O	A	Q	Q	L	D	F	M	W	F	N	P
W	T	G	I	V	I	N	G	Z	T	P	Z	I	Q	K
M	S	G	R	X	K	Z	A	L	O	H	Z	R	A	B
B	E	V	M	C	C	L	I	T	T	L	E	K	M	I
T	O	L	D	K	Y	A	G	O	I	N	G	Q	J	B
L	K	Z	O	Y	Q	X	K	Y	A	L	O	V	E	O
E	Q	L	U	Q	H	L	X	Y	Z	M	V	B	L	H
N	T	C	F	Y	L	C	H	I	L	D	R	E	N	Q

## TRY TO FIND THESE WORDS:

cannot  
children  
everyone  
find  
giving  
going  
Judas  
little  
look  
love  
new  
told

© 2004 Creative Ministry Resources Pty Ltd

## Sharing the Gospel

Jesus said, "Love each other as I have loved you." He died on the cross so that your sins and mine might be forgiven. Jesus was human like you and me. He shared his food with friends. He visited and healed the sick. He cried when his friends died. He told stories to help people learn about his Father in heaven. When you show love for others, Jesus smiles because he is very proud of you.

## Prayer

Lord, teach me to love and help others.

## Mission

I will take three cans of food to the church for the poor.

©LPi

Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

**SAFEGUARDING**  
is everyone's responsibility



# COLOR

Read the Gospel of the week and color the image.





Lord, I give You an account of so many things to excite my own love  
and that of my readers for You, that we all may say:  
"The Lord is great and exceedingly to be praised."

Confessions 11, 1  
- St. Augustine of Hippo

## NEXT WEEKEND (25 MAY 2025): 6<sup>TH</sup> SUNDAY OF EASTER, YEAR C

### 1<sup>ST</sup> READING

Acts of the Apostles 15:1-2.  
22-29

*The Apostles decide not to  
burden the Gentiles  
unnecessarily.*

### RESPONSORIAL PSALM

Ps 66:2-3. 5-6. 8. R. v.4  
*O God, let all the nations  
praise you!*

### 2<sup>ND</sup> READING

Revelation 21:10-14, 22-23  
*An angel shows John the new  
Jerusalem.*

### GOSPEL ACCLAMATION

John 14:23  
*Alleluia, alleluia!*  
*All who love me will keep my  
words, and my Father will love  
them and we will come to  
them. Alleluia!*

### GOSPEL

John 14:23-29  
*Jesus leaves peace as his  
farewell.*

24 MAY, 5.30PM  
ST KIERAN'S

**Senior Server**  
Louise

**Readers**  
Honorine  
Val  
Maria

**Music**  
Parish Choir

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

24 MAY, 7.30AM  
ST KIERAN'S

**Senior Server**  
Anna

**Readers**  
Lea  
Tim

**Music**  
None

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

24 MAY, 9AM  
ST CECILIA'S

**Senior Server**  
Antoinette

**Readers**  
Amy  
Cathy  
Sacha

**Music**  
TBD

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

24 MAY, 9.30AM  
ST KIERAN'S

**Senior Server**  
Joseph

**Readers**  
Kaye  
Anne

**Music**  
TBD

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

24 MAY, 5PM  
ST KIERAN'S

**Senior Server**  
Michael

**Readers**  
Leanne  
Caroline  
Christine

**Music**  
Emmanuel

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

## OBSERVANCES FOR THE WEEK OF 18 MAY

**Mon 19 May:** Monday of the 5th Week of Easter

**Tue 20 May:** Tuesday of the 5th Week of Easter

**Wed 21 May:** Wednesday of the 5th Week of Easter

**Thu 22 May:** Thursday of the 5th Week of Easter

**Fri 23 May:** Friday of the 5th Week of Easter

**Sat 24 May:** Solemnity of Our Lady, Help of Christians

## The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

### Parish Office

2 King Street, MANLY VALE 2093 NSW AUSTRALIA  
P 02 9949 4455 E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) W [www.bbcatholic.org.au/northharbour](http://www.bbcatholic.org.au/northharbour)

### Office Hours

9.00am to 4pm (Tuesday to Friday)

### Churches

**Church of St Cecilia** Wanganella St and White St, Balgowlah 2093 NSW  
**Church of St Kieran** 2 King St, Manly Vale 2093 NSW

### Parish Staff

**Parish Priest:** Fr Michael Belonio, OSA E [pp@nhcatholic.org.au](mailto:pp@nhcatholic.org.au)  
**Asst Priest:** Fr Jumbim Torres, OSA E [jtorres@nhcatholic.org.au](mailto:jtorres@nhcatholic.org.au)  
**Asst Priest:** Fr John Zhang E [jzhang@nhcatholic.org.au](mailto:jzhang@nhcatholic.org.au)  
**Parish Manager:** Jacky Worthington E [manager@nhcatholic.org.au](mailto:manager@nhcatholic.org.au) (Mon, Wed, Thu)  
**Parish Secretary:** Jane Filacuridi E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) (Tue, Wed)  
**Parish Secretary:** Anne Ross E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) (Thu, Fri)  
**Catechists, Family & Sacramental Ministries:** Ursula Halloway M 0450 101 767 E [families@nhcatholic.org.au](mailto:families@nhcatholic.org.au)  
**Media & Communications:** Sophie Taylor E [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)  
**Music Ministry:** Marianne Kaw-Deveza E [music@nhcatholic.org.au](mailto:music@nhcatholic.org.au)

### Resident Priests

Fr Minh-Tan Hoang, OSA E [minhtanhoang@yahoo.com.au](mailto:minhtanhoang@yahoo.com.au) (Chaplain, St. Augustine's College, Brookvale)  
Fr Peter Jones, OSA E [peter.jones@osa.org.au](mailto:peter.jones@osa.org.au) (Prior Provincial)  
Fr Paul Maloney, OSA E [paulmal@bigpond.com](mailto:paulmal@bigpond.com) (Retired)  
Fr John McCall, OSA E [jmcosa@bigpond.net.au](mailto:jmcosa@bigpond.net.au) (Retired)  
Fr Abel van der Veer, OSA E [vabelvanderveer@gmail.com](mailto:vabelvanderveer@gmail.com) (Retired)  
Fr Senan Ward, OSA E [senanward@bigpond.com](mailto:senanward@bigpond.com) (Chaplain, St. Augustine's College, Brookvale)



Please support the advertisers that support us. Thank you.

If you wish to advertise your business with us, please contact the Parish Manager at [manager@nhcatholic.org.au](mailto:manager@nhcatholic.org.au)

## CREATIVE STARZ HOLIDAY PROGRAM



**MOANA**

Musical  
Ages 6-13  
14-17 Apr (4Days)  
9am - 3pm  
St Kieran's Church  
Manly Vale

(Free Extended Hours 8am-5.30pm)

[creativestarz.com.au](http://creativestarz.com.au)



WILSON  
FAMILY  
FUNERALS

CALL 02 9913 7131



Local Australian family  
owned and operated  
Available 24/7  
Personally talk to Ann  
Wilson and her team

Suite 3, 1440 Pittwater Road  
North Narrabeen, Sydney  
[wilsonfamilyfunerals.net.au](http://wilsonfamilyfunerals.net.au)

## HAMER & HAMER

Solicitors

Murray Hamer  
Brian Hamer  
Michelle Gibson

Let us advise you  
through life's most  
important moments

9949 4022

[murray@hamerlaw.com.au](mailto:murray@hamerlaw.com.au)

[hamerlaw.com.au](http://hamerlaw.com.au)

## LORIS FILACURIDI

Real Estate Agent



25 years looking after clients  
in our parish.

For trustworthy advice  
regarding your home or any  
other real estate query,  
please call me anytime.

0419 227 435

B.Bus, J.P

[sweetnams  
real estate](http://sweetnamsreal estate.com.au)



St Cecilia's Catholic  
Primary School



Principal: Ms Louise O'Brien



Now  
Enrolling!

59 Seaview St, Balgowlah  
02 7256 2136

[scb@dbb.catholic.edu.au](mailto:scb@dbb.catholic.edu.au)  
[www.scbdbb.catholic.edu.au](http://www.scbdbb.catholic.edu.au)

CATHOLIC SCHOOLS BROKEN BAY  
Co-educational Pathway  
For St Paul's Catholic College, Manly

total  
PHYSIOTHERAPY  
— MANLY VALE —

PHYSIOTHERAPY  
PLUS EVERYTHING  
YOUR BODY NEEDS

### Services:

- Sports and Musculoskeletal Physio
- Women's, Men's & Pelvic Health
- Equipment Pilates
- Paediatric Physio
- Hand Physio
- Exercise Physiology
- Remedial Massage
- Post-operative Rehabilitation

CONTACT US ON: 9907 0321

BOOK ONLINE: [TOTALPHYSIOMV.COM](http://TOTALPHYSIOMV.COM)



St Kieran's Catholic  
Primary School



Principal: Ms Anna Marsella



Now  
Enrolling!

63 Gordon St, Manly Vale  
02 7256 2131

[skmv@dbb.catholic.edu.au](mailto:skmv@dbb.catholic.edu.au)  
[www.skmvdbb.catholic.edu.au](http://www.skmvdbb.catholic.edu.au)

CATHOLIC SCHOOLS BROKEN BAY  
Co-educational pathway  
For St Paul's Catholic College, Manly

## PLEASE CONSIDER ONLINE GIVING

Our parish is grateful  
for your continued support.  
Thank you!



North Harbour  
PARISH

Donate Here



You can now donate for North Harbour Parish Clergy and Parish Funds AND to support Pastoral Works Broken Bay (PWBB) Appeals, using the Parish Giving Broken Bay App. Thank you for your generosity.

To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: [brokenbay.goodgiving.com.au/home/brokenbay](http://brokenbay.goodgiving.com.au/home/brokenbay)